

Ways to support your child starting school

- Have a walk up to school, so your child remembers what it looks like!
- Talk about whether your child will have a packed lunch or hot dinner (all children in Reception are entitled to a free meal regardless of family circumstances)
- Sort your child's uniform and practise getting dressed and undressed
- Make sure your child has PE kit – white T shirt, black/navy shorts and trainers. Again, practise putting them on and off.
- Help your child be independent – it's a great time to encourage them to put on their own shoes, coat, get dressed in the morning – it will take longer to begin with but you will all reap the benefits in the future!
- Make sure your child can use the toilet and wipe afterwards
- Teach your child to wash their hands thoroughly
- Read stories, watch clips about starting school –
<https://www.bbc.co.uk/bitesize/collections/starting-primary-school/1>
- Look through your child's learning journey on Tapestry – talk about what they have done and what they may like to do in the future.

